

# DEVELOP ♥ DEVOTE ♥ ACTIVATE ♥ MOTIVATE

## BREAKFAST

served all day! - (made to order)  
comes with 3 toppings

**Oatmeal | \$6.50**

**Protein Waffle (GF) | \$8.50**

**Organic Eggs | \$8.50**

omelet | wrap | sandwich

**Yogurt or Acai Bowls | \$8.50**

## HEALING SIPS

smoothies, juices & blends | \$7.50

### **Detox**

*nothin' but celery juice!*

best first thing in the morning on  
an empty stomach

### **Activate**

*wake up karma!*

lemon, ginger, apple, turmeric,  
apple cider vinegar, & cayenne

### **Awaken**

*spring cleaning!*

celery juice, apple,  
cucumber

### **Chill | \$8.00**

*peaceful buddha*

acai, berries, banana, chocolate  
protein, cacao nibs & lavender

## CAFE DRINKS

16oz | choice of milk | \$5.50

**Purple Cloud** (*caffeine free*)

steamed milk, honey & lavender

**Tiramisu Latte**

espresso, amaretto, dark  
chocolate, whipped topping

**Elderflower Iced Tea**

elderflower & happy spleen tea:  
*green tea, orange, apple, pear,  
mango, rose hips, hibiscus, calendula*

## BOWLS

healing & made with love | \$9

### **Ahimsa\* Bowl**

*\*ahimsa - non-harming*

sweet peas, avocado, sliced  
almonds, quinoa, radish, feta, greens,  
quinoa & lemon-ginger dressing

### **Bhakti\* Bowl**

*\*bhakti - love & devotion*

plain yogurt with almond butter,  
raspberries, cacao nibs & chia seeds

### **Ananda\* Bowl**

*\*ananda - bliss*

acai, banana, mixed berries, celery  
& spinach topped with granola,  
banana, raspberries & honey

## HEALING BITES

healing & made with love | \$9

### **Citta\* Ciabatta**

*\*citta - mind | pre-hike inspiration  
from bayleaf in coupeville, wa on  
whidbey island*

sundried tomatoes, goat cheese,  
spinach & EVOO

### **Anjali\* Asparagus Flatbread**

*\*anjali - offering | pre-hike inspiration*  
roasted asparagus, hummus,  
sundried tomatoes, spinach,  
feta & lemon

### **Shakti\* Spring Salad**

*\*shakti - power*

mixed greens, shaved asparagus  
& celery, chickpeas, artichoke,  
cucumber & goat cheese  
& lemon vinaigrette

### **Lavender Love Waffle** (GF)

topped with vanilla ghee,  
wild blueberry preserves,  
nutmeg & cocoa nibs

{ New this Season: Bamboo Straws, Lavender from Lavender Wind Farm - Whidbey Island, WA, Echinacea, Organic Celery and other local seasonal Fruits & Veggies from Pennypack Farm, house-made Vegan Chocolate with doTERRA Essential Oils }